

# KELSIE MORRISON

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## Objective Statement

I am a nutrition major seeking a fulfilling career in health and nutrition where I can use my skills and knowledge to the benefit of others. In addition to being a recent graduate, much of my work and volunteer experience relate directly toward serving in the field of health and human services.

## Education

### **Bachelors of Human Nutrition and Dietetics, Minor in Chemistry**

*Southern Utah University, Cedar City, Utah*  
(Graduate: December 2018)

### **Associates of Science**

*Snow College, Ephraim, Utah*  
(Graduated: April 2016)

## Volunteer

**Dietician Assistant, Southern Utah University, Cedar City, Utah (2017-present)**  
Worked closely with the Registered Dietician to prepare and provide healthy and appropriate snacks for the University's athletes during their workouts and while traveling.

**Dietitian Intern, Mountain West Medical Center, Tooele, Utah (2014)** Created menus for patients and staff. Educated dietetic patients on proper diet and lifestyle choices. Helped organize weight loss class and sample menu for a low-calorie diet.

## Certifications

CPR Certified  
Food Handlers Permit

## Employment History

**Direct Care Staff, TURN Community Services, Cedar City, Utah (2018)** Assisted individuals with self-care, medical needs, basic household duties, recreational activities, communication and social skills, and community outings.

**Bars Checker, The BARS Program, Cedar City, Utah (2018)** Visited client stores or restaurant locations to conduct mock purchases of cigarettes and/or beer to monitor Federal law compliance.

**Custodian, Southern Utah University, Cedar City, Utah (2016-2018)** Cleaned university campus buildings and facilities.

**Dietary Aide, Willow Springs, Rocky Mountain Rehabilitation Center, Tooele, Utah (2017)** Assisted in feeding all residents in the care center, including meal prep for breakfast, snacks, and lunch, setting tables, plating proper portions, knowing each resident by name, and their food preferences.

**Housekeeping, Mountain West Medical Center, Tooele, Utah (2016)** Performed meticulous cleaning per regulations of patients' rooms, operating rooms, public bathrooms, hallways, entryways, and offices.

**Assistant to Dean, Snow College, Ephraim, Utah (2015-2016)** Graded students' assignments from multiple classes including Chemistry, Physical Science and corresponding labs. Took part and assisted in multiple academic projects and events at Snow College.

**Shift Manager, Papa John's Pizza, Tooele, Utah (2015)** Engaged in customer service and food preparation within tight time constraints. Worked with a team in the role of leader during rush hours. Performed closing duties including daily deposit and inventory.